

FIXINS

Soul Kitchen

BRUNCH

SAT & SUN 10AM-3PM

Without SOUL, it's just food.

BXLNC

LIL' BITS

Deep Fried Deviled Eggs

Deep fried egg cups filled with creamy yolks topped with bacon and hot sauce, \$13

Fried Green Tomatoes[®]

Cornmeal crusted green tomatoes fried until golden with chipotle mayo, \$13

Pimento Cheese Dip[®]

House made pimento cheese served with fresh corn chips, \$13

Artichoke Dip[®]

House made artichoke dip served with fresh corn chips, \$13

Fish Nuggets

Seasoned cornmeal dusted fish, fried to a golden crisp. With tartar and chipotle mayo dipping sauce, \$13

FIXINS

COLLARD GREENS[®]

WITH TURKEY NECKS
(VEGAN OPTION AVAILABLE)

MAC AND CHEESE[®]

CANDIED YAMS[®]

COLESLAW[®]

POTATO SALAD[®]

BLACK EYED PEAS[®]

CHARRED OKRA[®]

WITH BACON
(VEGAN OPTION AVAILABLE)

RED BEANS & RICE[®]

GRITS, ADD CHEESE \$1[®]

FRENCH FRIES[®]

SIDE SALAD[®]

CHOICE OF DRESSING

\$6

Aunt Pearl's Plate

choice of 3 Fixins, \$16

BRUNCH

CHICKEN & WAFFLES

24 hour brined & fried until crispy, tender, & juicy.

CHOOSE YOUR CHICKEN

Wing & a waffle \$9

2 piece (white or dark) & a waffle ... \$16

3 pieces & 2 waffles \$21

+\$2 for all chicken breasts

Biscuits & Gravy

2 fluffy house biscuits covered with pork sausage country gravy, \$12

Blue Plate Breakfast*

Two eggs, house potatoes or grits and your choice of breakfast meat, \$16

Pancake Breakfast*

2 huge buttermilk pancakes, 2 eggs and choice of breakfast meat, \$16

Veggie Omelet[®]

Fluffy omelet filled with collard greens, mushrooms, onions, tomatoes & cheddar cheese served with house potatoes or grits, \$15

Fried Chicken Omelet

Omelet filled with fried chicken, onions, tomatoes, cheddar cheese & a splash of hot sauce. Served with house potatoes or grits, \$17

GRUB

Fried Chicken 24 hour brined & fried until crispy, tender, & juicy. Served with your choice of two Fixins and a biscuit.

CHOOSE YOUR CHICKEN

2 piece (light or dark) ... \$18

3 piece \$22

+\$2 for all chicken breasts

Smothered Chicken Fried chicken smothered in roux brown gravy with your choice of two Fixins, \$19

Fried Fish Cornmeal crusted fish served with corn fritters and your choice of two Fixins, \$25

Shrimp and Grits Shrimp, onion, peppers and tomatoes simmered in beer brown gravy and topped off with creamy southern grits, \$25

Oxtails Sweet brown gravy, rice and a Fixin, \$29

Gumbo Chicken & sausage stew served over rice, with cornbread, \$22 *ADD SHRIMP \$8*

Smothered Pork Chop Two fried pork chops smothered in roux brown gravy and pickled onions with your choice of two Fixins, \$22

Blackened Tofu[®] Served on a bed of rice with corn succotash, \$15

CHICKEN & WAFFLES*

24 hour brined and fried until crispy, tender, & juicy

CHOOSE YOUR CHICKEN

Wing & a Waffle \$9

2 Piece (white or dark) & a Waffle... \$16

+\$2 for all chicken breasts

3 Pieces & 2 Waffles \$21

+\$2 for all chicken breasts

FOR THE FAMILY

Bucket O' Chicken

8 pieces, 4 biscuits \$46

Family Meal

8 pieces, 4 biscuits,

2 large sides \$66

Parties of 6 or more will have 20% gratuity added to the check. Maximum 3 checks split evenly

Ⓥ Vegetarian/Vegetarian Option

Ⓥg Vegan/Vegan Option

AND 1'S

PAIR OF BUTTERMILK
BISCUITS® \$6

HOUSE POTATOES® \$6

GRITS \$6
ADD CHEESE \$1

BACON \$6

TURKEY SAUSAGE \$6

PANCAKE® \$6

WAFFLE® \$6

2 EGGS*® \$6

CORNBREAD MUFFIN® \$4

BROWN GRAVY \$3

COUNTRY GRAVY \$5

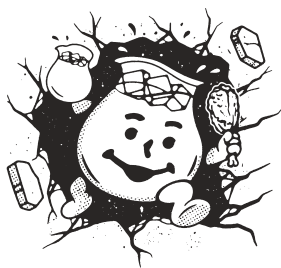


SWIGS \$4

NO REFILLS ON JUICE

Sweet Tea
Unsweetened Tea
Lemonade
Fountain Drink
Coffee

Orange Juice
Cranberry Juice
Apple Juice
Fixins Bottled Water
Bottled Sparkling
Water



KOOL-AID FLAVAS \$4



Red, Blue, Purple

HANDHELDS

SERVED
W/ FRIES
OR SIDE SALAD

The Better Burger*

1/2 lb patty topped with melted pimento cheese, bacon, lettuce, tomato, onion, house pickles, and burger sauce. Kool-Aid pickle on the side, \$17

Fish Sandwich

Cornmeal crusted fish loaded with lettuce, onion, house pickles, cheddar cheese, lemon tartar and drizzled with ranch dressing. Kool-Aid pickle on the side, \$18

Chicken Tenders

Fried chicken tenders with honey mustard. Kool-Aid pickle on the side, \$16

Chicken Sandwich

Fried chicken served on a toasted bun with honey mustard, lettuce, onion, and house pickles. Kool-Aid pickle on the side, \$17

Hot Chicken Sandwich

Fried chicken coated with our hot chicken sauce, chipotle mayo, lettuce, tomato, and coleslaw. Kool-Aid pickle on the side, \$18

Impossible Burger®

Avocado, vegan cheddar cheese, vegan 1000 island, lettuce, tomato, onions, house pickles, with an impossible patty \$16

GREENZ

Uptown Salad®

Romaine & arugula topped with cucumbers, tomatoes, cheese, red onions and Fritos, \$16

DRESSING:

Dill Ranch, Bleu Cheese, Honey Mustard, Balsamic Vinaigrette®, Red®, 1000 Island®

ADD CHICKEN \$6 ADD SHRIMP \$7
ADD FISH NUGGETS \$9

Soul Caesar**®

Chopped romaine, arugula, parmesan cheese, cornbread croutons, and house Caesar dressing, \$16

Fried Chicken Salad

Fried chicken thighs, salad mix, tomatoes, cheddar cheese, red onion and honey mustard dressing, \$20

SWEETS

PEACH COBBLER®
RED VELVET CAKE®
BANANA PUDDING®

\$10

#FIXINSSOUL
FIXINSSOULKITCHEN.COM

OPEN DAILY:
Mon-Fri 11am-9pm
Sat & Sun 10am-9pm

222 N Detroit Avenue, Suite 110
Tulsa, OK 74120

NEIGHBORHOOD
CELEBRATING THE HISTORY & TRADITIONS OF
AFRICAN AMERICAN CULTURE IN A
WELCOMING, INCLUSIVE ENVIRONMENT

*Contains or may contain raw or undercooked ingredients. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

